

Printable Daily Minimum Checklists

a resource to help you build a better life from [SisterWisdom](#)



"I love my Daily Minimum almost as much as I love my sunglasses!"

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Printable 1: Fill-In Daily Minimum Check List

Daily Minimum Item	Mon	Tues	Wed	Thurs	Fri	Sat	Sun

Remember why you're doing this?

A Daily Minimum..."can set you free by 9:30 in the morning or have you ready to leave for work on time-and that means with breakfast wiped away, children dressed, dinner planned, and the clutter cleared" (Bonnie McCullough).

Notes	Date:

Printable 2: Partial Fill-In Daily Minimum Check List

Daily Minimum Item	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Kids:							
Laundry:							
Bathroom:							
M. Bedroom:							
Bedrooms:							
Entry/LR:							
DR:							
Kitchen:							
Food:							
Laundry:							

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Printable 3: Filled-in Daily Minimum Check List

Daily Minimum Item	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Kids: diapers, dress, get gear							
Laundry: start one load							
Bathroom: straighten, wipe down, clean floor							
M. Bedroom: straighten, make bed, put away							
Bedrooms: straighten, make beds, put away							
Entry/LR: straighten, put away, wipe down, sweep							
DR: clear and wipe table, sweep, mop if needed.							
Kitchen: put away clean dishes, clean up breakfast							
Food: get dinner started (thaw meat, prep veggies)							
Laundry: switch load to dryer							

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